



Christian Science Nursing Care for Sincere Seekers of Truth

Spring 2017

Wide Horizon: A Sanctuary of Healing & Love

A few thoughts regarding my time and interaction with guests and staff as a volunteer at Wide Horizon: When I step into Wide Horizon, I feel joy and happiness. I feel at peace. It's so uplifting. I see guests who continue to grow and progress in Christian Science based upon a deep sense of love, desire and inspiration; that's impressive! I really enjoy reading the Lesson and singing hymns with the guests as

there is a sense of complete agreement that all of us are perfect expressions as God's children. I have yet to hear a single word of pity, despair, or loneliness from guests or staff. In fact, the only expressions I hear or observe are of love, gratitude, appreciation, and healing. At lunch today, I met a new guest who arrived a few weeks ago at Wide Horizon. She was very engaging and promptly informed me that she was just visiting. She came

to Wide Horizon to get healed and then she was headed home! I am so grateful to have the opportunity to spend a little time at Wide Horizon and I am especially grateful for the guests, staff, and many supporters who have created and sustained this wonderful sanctuary of healing and love.

—Scott Hathaway, Volunteer

Wide Horizon is Built on the Rock

Wide Horizon is built on the Rock of Truth. It literally stands on a hill where it symbolically shines its light as a beacon of Christ in the community. The westward views of mountains are majestic symbols of Principle—reminders of God's steadfast strength and power. Christian Scientists of the Rocky Mountain region have received Christian Science nursing services here for more 65 years. Wide Horizon has successfully operated free of debt while providing its programs without interruption during these

years. Supply comes from divine Love to meet every human need; we have seen this often through the

generosity of our Field. Continual fiscal responsibility underlies the actions and development of Wide Horizon. As we strive to improve services to present guests, we also hope to sustain these services for future generations. So we practice wisdom and economy as we continue to provide Christian Science nursing care with brotherly love for mankind. It is with heartfelt appreciation and expectation that we ask you to join with us to know and practice that "what blesses one blesses all" in the spiritual activity of Christian Science nursing.

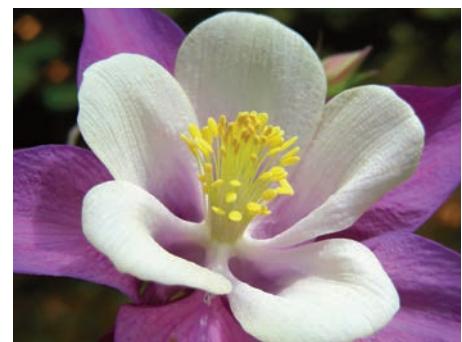


From volunteer Christian Science practitioners

- ❖ During my visits with patients at Wide Horizon, I have watched the care of the Christian Science nurses and their steadfast holding to the Truth about each patient in such an amazingly loving, gentle, tender, but firm and unencumbered way. These CS nurses are “holding thought steadfastly to the enduring, the good and the true...” They are supporting and expecting healing. The CS nurses have [patients] contact and call me [or any CS practitioner on a case] each and every day. I know from my experience with other non-Christian Science care facilities this is not done [because] they do not have any inclination of why it is so important and what a difference it makes in the patient’s dominion and experience of the day. When it comes to Wide Horizon or other CS nursing organizations, I trust these Christian Science nurses with my life.
- ❖ Wide Horizon provides that powerful healing atmosphere of the Christ and the Holy Ghost, or Comforter, working in tandem to redeem, to regenerate, to renew and refresh not only the guests but also all who serve.
- ❖ In thinking about Wide Horizon, I turned to Mrs. Eddy’s “Communion Hymn:” “Saw ye my Saviour? Heard ye the glad sound? Felt ye the power of the Word?” and I stopped like never before with “Felt ye...” I saw the conscious atmosphere present at Wide Horizon that blesses far beyond sight and sound of matter. I felt the Truth which frees thought to feel Life on God’s terms; to feel love through the power of the Word; to lift thought above any sense of gloom; to feel the touch of the eternal Spirit; to feel fresh, clear, pure joy; to feel the companionship of the healing Christ; and to feel so spiritually satisfied. This Christmas comes with feeling this Christ atmosphere and witnessing the tangible spiritual light that comforts and heals.
- ❖ I am so grateful for the love and care that is manifested to all who come into the healing embrace of Wide Horizon, however they come. They may come as a guest, or a family member, or friend of a guest, or someone from the community that has reason to transact business with Wide Horizon. It also could be a practitioner visiting patients as I did recently. Everyone FEELS the love, joy, and healing embrace of the Christ and Holy Ghost. At Wide Horizon the powerful healing light of the Christ beams year round!
- ❖ “Blest Christmas morn ...” This is the blessing of the acknowledgement of the fulfillment of prophecy. It is the recognition of the coming of the Messiah, Immanuel – God with us. The Christ presence reveals the manifestation and demonstration of God’s ever-presence and all-power. We see this continually through

healing and Wide Horizon is this precious place of holy benediction — of blessing. This healing presence can’t be ignored, discredited, undermined because it is the fulfillment of not only the coming of the Messiah, Immanuel, or Christ but also the fulfillment of the coming the Comforter or Holy Ghost, that was promised by our Great Master, Christ Jesus. That Comforter is comforting, enfolding, embracing, uplifting, purifying, renewing, regenerating, restoring and healing! I have so cherished working prayerfully for Wide Horizon for the past two weeks. I’ve also so much love and appreciation for all of the dedication, consecration, inspiration, and spiritual understanding that each of you manifest.

- ❖ I know the work of Wide is so wrapped in Love’s embrace!



Excerpt from “Christian Science Nurse, Scope of Services” April 2011

“Christian Science nursing is a practical, spiritual ministry that actively supports the patient’s decision to rely on Christian Science healing. It is grounded in the Bible based theology of Christian Science, which includes Christ Jesus’ commandment to love one another. (See John 15:12) This ministry is carried out with prayer, wisdom, compassion and skill.”

FOCUS FROM STAFF

We are grateful for our jobs at Wide Horizon in housekeeping and laundry services. The love and gratitude from our fellow employees and the guests brings joy to our workday. – Eleanor Mandonado & Maria Sigala

Right Activity

We who serve in the Activities Department are so very grateful for the continual unfoldment of right activity at Wide Horizon. The Activities staff currently consists of Mike Gutesha, who works fulltime, and Jan Dillingham and Judy Fryberger, who work part time. Having two people available most days has allowed us to expand our activities program in many ways. In addition, there are several dedicated volunteers who serve on Saturdays – four of whom come from Colorado Springs! We sincerely appreciate all of our volunteers as well as the dedicated staff.

During the past year, as the United States Presidential Election was underway, we initiated a group discussion activity with Wide Horizon's residents, which met every three weeks to review how we, individually and collectively, can "support a righteous government." This was inspired by Mary Baker Eddy's response to the question, "What are your politics?" She answered, "I have none, in reality, other than to help support a righteous government; to love God supremely, and my neighbor as myself." (*First Church of Christ, Scientist and Miscellany*, p. 276) We did not discuss politics, political parties, or candidates, but rather turned to readings from The Holy Bible and *Science and Health with Key to the Scriptures* by Mrs. Eddy. There was opportunity for those wishing to share metaphysical inspiration and/or brief readings from

past and current periodicals. A renewal of these discussions will resume into 2017.

We try to maintain a balance of activities which include metaphysical and recreational reading; individual visits with guests; musical programs; outdoor walks on the grounds at Wide Horizon and in the surrounding neighborhood; holiday events and outdoor picnics. We are so grateful for the spacious grounds at Wide – offering beautiful vistas of the mountains and the wildlife that takes advantage of the beautiful space we have here. There is such deep appreciation by all for the location of Wide Horizon for its beauty and inspiration.

One of our most appreciated activities is the Thursday evening testimony meetings, where our guests are able to share inspiration, gratitude, and of course, demonstrations of healing. We are so grateful for the volunteers that prepare readings for these Thursday Evening Testimony Meetings. We welcome those who have served in branch churches as readers to help support this healing activity. If interested, we would love for you to be included as one of our readers. We try to keep enough volunteers on a list so that no one serves more than once per quarter. Our scheduler for readers is also a volunteer.

We feel so much gratitude for all of our devoted volunteers who contribute to the activities for our guests at Wide Horizon. One volunteer reads

recreational books to groups, and another volunteer reads metaphysical articles to an individual guest. There are volunteers who assist in activities (lovingly titled "TLC Givers"); individuals who help us decorate for Christmas and then "un-decorate" after the New Year; musicians who play the piano or other instruments for us (a young pianist and a young violinist play for us when they've been able to work it into their school schedules); some folks share videos of vacations they've taken; a volunteer records articles and poems from *The Christian Science Journal* for us. For several years a group of ladies from a Denver area branch church visits in December, sharing Christmas stories and poems and "goodies," and singing Christmas carols. This is such a joyous and fun activity, filled with love.

Furthermore, in addition to their other responsibilities, for years our volunteer Board of Directors has continually encouraged us and prayerfully supported all activity at Wide Horizon. Last, but definitely not least, we have Christian Science practitioners who willingly pray (as house practitioners) to support Wide Horizon and Christian Science nursing, usually for one or two weeks. This support helps us to maintain an atmosphere of Love conducive to healing.

Do we have reason to be grateful? Ohhhhhh, YES!!!

Humor – Senior Wit I Heard Them Say It

Submitted by Helen Farmer, Christian Science Nurse

Senior 1: How do you spell trousers?

Senior 2: P-a-n-t-s

Nurse: Here's a washcloth with some soap on it. Please wash under your right arm, and then your other arm.

Senior: I'm sure glad I'm not a centipede!

Nurse: I'm going to help you take off your night shirt.

Senior: Why don't you leave it on and call it a day shirt?

Caregivers took a few guests to Crown Hill Park for a walk. They were petting a Basset Hound.

Senior: The nice thing about Basset Hounds is that they are so long everyone has a place to pet.

Caregiver: Are you going to sit in your usual spot?

Senior: I always take it with me.

Senior: I saw a fox on the path yesterday. He was doing the foxtrot.



From a Volunteer Reader –
I was thinking again about the dear residents at Wide Horizon—and truly their dedication and consecration and love of Christian Science. I always feel they are listening so intently to the Readings [therefore to God's Word]—and their comments are always inspiring! – Loie Evans

NEW TONGUES DISCOVERY

Carol Horen, Christian Science Nurse

Like burst of apples on the thought
Or bouncing off your head,
New tongues speak familiar words
With higher concepts meant.
Not just a secret language
For just a certain few.
But gravitating Godward
For all to know and use.

STARLIGHT AT WIDE HORIZON

Patricia Stewart, Christian Science Nurse

Through the stillness of the night
Always shines stars ever bright
Keeping watch through the dark
By the rays that shine so stark
I find the Christ is always there
To keep us in the path we all share
That leads to take us heavenward
Where we find Life in every word
There our hearts rejoice in prayer
That reveals heaven foursquare
A light that dwells above the sod
A place forever near to God

ON THE SHORE OF TIME

Henry Nicol, Christian Science Nurse

My footprints on the shore of time,
Bequest the world to be more kind,
To express more love with gratitude,
And banish hate, and fear, and feud;
And if the world does not respond,
In summer, winter, spring, or yond,
To my bequest to live in peace,
And stop all wars in timely breeze.
Then never turn your back toward yore,
Nor look in vain to tidal bore,
The tidal wave that marks the grave,
But look instead beyond the wave,
To streams of light where stars abide,
Where hope lives on and brings the tide,
Of peace on earth, good will to men,
And ripples into hearts amen.

On the Nursing Path

Gail Toomey, Christian Science Nurse, Tucson, AZ

When we sign on to become Christian Science Nurses, we know there may be times we can be faced with really yucky jobs – we just hope, not too often! Our realm of clean-up at a facility, be it dressings trays, laundry, the kitchen, tidying up or emptying the nurses' station trash, is routine and defined. Likewise in the home on a private duty, while each situation is unique, the parameters regarding how much housekeeping must be done are likewise defined. These responsibilities are a small part of our nursing, but the patient is always our primary focus of care and God should be the focus of our thought.

[Last year] I was called upon to s-t-r-e-t-c-h my concept of nursing, my focus of care.

On a private duty case, I had a chore that CS nurses aren't frequently called on to do – haul a large accumulation of recyclables to the recycle center. The handyman who usually took care of this had been called away to help his dad. The stuff was really mounting up! So I filled the car with ten 20-gallon bags of metals, paper, cardboard, plastics and glass. Then I headed to the recycle center.

When I got there, I found it wasn't a drop-the-stuff-off-in-the-bags kind of center; it was a sort-it-yourself recycling center. I had to go through each bag, look at the bottom of each piece of plastic before tossing it into #1, #2, #3 or "Other" bins, and then sort the steel cans from the aluminum

beverage cans, and then heave what seemed like tons of "The Wall Street Journal" into already overflowing paper bins.

It was a hot Arizona day under full sun, and a slow, menial, disheartening job. Imperceptibly, I slid into discouragement. I had turned aside from my college education to pursue Christian Science nursing. What would my father think, as tolerant as he was, if he could see where it had brought me? What was I doing with my life?!!! Was this Christian Science nursing?!!! Really?!!!



I sighed, and kept sorting. And metaphysically, pushed back! For me, becoming a Christian Science Nurse had always been about being of service to my fellow man, about having the humility, the grace, the Love, to do so and, to go forward. Divine Mind always had me in my right place! This

was a strange one – but, here I was. So, trust, and keep sorting!

The last large open bin I had to toss into was for glass – all shapes and uses for glass conceivable. I noticed an amber colored, sort of vintage bottle. It looked vaguely interesting, so I plucked it out and took it with me.

A couple of days later I googled the words, Empire Glass Works. It was embossed on one side of the bottle around a central design of a cluster of grapes. On the other side, the design was an American eagle and 13 stars. Empire had manufactured flasks and bottles, said e-Bay. The first Empire bottle that came up was like mine but with a different pattern of stars for \$24.95. Then, there was my bottle, with 13 stars – for \$99.99!

The physical object, the monetary value, has no significance. The message does. God, Divine Mind wanted me to remember, be reassured, that right efforts do not go unnoticed. My recycled "reward" reminds me of this every day. So have no fear, dear Nurses, God is here! And with us the Christ, on our path, always!

As a side note, I sincerely appreciate the nurturing, loving, high quality of care and spiritual environment Wide Horizon provides. I was so fortunate to spend five months of 2016 in this atmosphere. When there are challenges in my experience, Wide Horizon has become part of my framework for strength and comfort. Thank you!



Gratitude Expressed from Guests & Donors

◆ My experience at Wide Horizon was humbling. Not only was I cared for by the CS nurses but also by the residents in the dining room and during the Activities. They cared for me in such quiet ways, I could feel it. The CS nursing staff overall was very good – expressing tenderness, compassion, attentiveness, sincere listening and sharing of truth, always willing to work with my particular requests. I noticed everyone from food service to housekeeping staff to administration all appeared to be genuinely glad to work at Wide. Their work contributed to illustrating impersonal yet tangible love for all. The thoughtful care and sharing of metaphysical ideas is still at work and being savored [in my experience]. A little more light beamed through to me in knowing my one-ness with God and the one-ness of all being...I decided to look for opportunity to pray to see Love blessing all. I will say with genuine sincerity that every one of the CS nurses who attended to me...I was able to love them, hug them and see their value. The lessening of judgmental thought took effect. It was an eye-opener to know how I could do better in my own practice [of Christian Science]. Each nurse brought their seasoned talents and expression of love and care. This provided common ground for me in seeking care and reassurance. Not only when I was nursed, but when I heard and saw glimpses of nurses working in rooms, I was impressed

with the undaunted cheerfulness and also the quiet patience...These were models [of practice] I needed to witness...Honesty, sincerity, humor, and so much more do these nurses express in word and deed.

◆ A guest told of the last few months being faced sometimes of waking up in the night feeling pain and confusion. Each time this has happened, she has been very aware of how grateful for the loving support and atmosphere that she feels at Wide Horizon. She and others expressed gratitude for the atmosphere here and how helpful it is to their spiritual progress.

◆ Thank you for my stay at Horizon House. Wide Horizon is a very lovely place to be in winter. Wishing you joy as you welcome Christmas into your hearts and homes.

◆ Another guest shared with us how she prayerfully works for Wide Horizon, and how grateful she is for everyone here. She especially mentioned the DCSN and ED, noting the humility that both individuals express, and that

humility is the key to Wide Horizon's success. [She was so surprised when Activities staff told her how much we appreciated her work and what an important contribution that makes to the loving atmosphere here.]

◆ And another guest thanked Activities staff for the reading a wonderful Christian Science lecture. She was about to call her Christian Science practitioner as she was needing prayerful help, but then she decided to listen to the lecture and she felt free from what was bothering her.

◆ God's blessing on Wide Horizon: The Mission; The Purpose; The Results; each worker and each resident. THANK YOU for keeping Wide Horizon going! With love from my heart...

◆ Your notice for the Winter Rest & Study special was warm and attractive! Vice nicely done!

◆ Wide Horizon is a great organization with excellent leadership and a mission that meets the needs of a broad community.

Excerpt from the *Christian Science Sentinel*, December 16, 1916

Christian Science nursing facilities should be healing places "...where people suffering from ills of various sorts [can] retire for treatment, rest, and recuperation...[to have] care and attention of a skillfully trained person who [is] also a Christian Scientist and...receive proper care and attention as well as freedom from criticism while under Christian Science treatment.

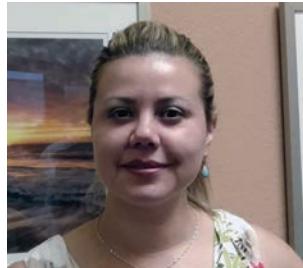
We are grateful to announce the addition of new staff members:



- **Tramaine Barnett** has joined our Wide Horizon team as a part-time Food Service Assistant. He always brings a cheerful disposition and loves the Dallas Cowboys!



- **Elaine Mestas** is also a part-time Food Service Assistant with a long background in Housekeeping, where she'll also contribute her skills.
- **Louise Krieger** is our newest member of the Activities team, serving on Saturdays, and occasionally filling in as Receptionist.



- **Yazmin Lucero** is a new Christian Science nurse as of last fall. She is Second Reader of the Denver Spanish Christian Science Society.



- **Cheryl Lahr** is a Christian Science nurse who recently made her job transition permanent, joining Wide Horizon after a career in marketing.
- **Amy Ragsdale** made a career change to Christian Science nursing in the fall. She formerly managed her own business, and loves photography.



- **Norman Williams, Jr.** has joined our Wide Horizon team in a new position of Development Manager. Norm has worked in corporate sales for many years, and as General Manager of Content Sales at *The Christian Science Monitor*, he developed new, non-traditional revenue streams for the *Monitor*. He also was the lead for the fundraising effort for the restoration of the Concord, NH branch church. Norm's quiet, metaphysical approach to development is already appreciated.

Food Service Shines

In addition to our newest staff members, so often guests remark how much they enjoy the delicious meals and cheerful attentive service. These guests were all pleased when Donte Castillo became an Assistant Cook and Jennifer Welch recently has taken steps to be our Pastry Baker. Chovane Vang, longtime Assistant Cook, keeps things hopping on the weekends! And everybody loves Food Service Manager, Mark Henley's very special BBQ sauce and fabulous ribs. Well done!





WIDE HORIZON

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See our postings at www.facebook.com/WideHorizonInc

"The mission of Wide Horizon, Inc. is to provide Christian Science nursing, facilities, and support for those seeking healing accomplished through complete reliance on Christian Science as taught by Mary Baker Eddy."



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Thank you!

